



WORKSHOP OPERATIONAL PLAN

PLEASE READ CAREFULLY

Before attending this workshop, please take note of our checklist in accordance to the guidelines of Public Health:

DAILY CHECKLIST

A "yes" response to any of these questions, means that the student must stay home)

- a. The student is not feeling well?
 - b. The student is displaying two or more symptoms of COVID 19? (Call 811)
 - c. The student spent time during the evening with a person or persons from outside of the Atlantic bubble that did not complete their 14 day isolation requirement?
 - d. The student came in contact with someone who is sick with COVID 19?
 - e. The student has been told by 811 to remain at home?
- If a student is displaying two or more symptoms of COVID-19, it is critical that they stay home. Call 811 or a medical professional if your child has COVID-19 symptoms and follow the medical professional's advice.
 - Symptoms of COVID-19 can vary from person to person. If a child Symptoms may also vary in different age groups. Some of the more commonly reported symptoms include:

Symptoms of COVID-19 From Canada Health

- ✓ new or worsening cough
- ✓ shortness of breath or difficulty breathing
- ✓ temperature equal to or over 38°C
- ✓ feeling feverish
- ✓ runny nose
- ✓ sore throat
- ✓ chills
- ✓ fatigue or weakness
- ✓ muscle or body aches
- ✓ new loss of smell or taste
- ✓ headache, or feeling very unwell
- ✓ gastrointestinal symptoms (abdominal pain, diarrhea, vomiting)
- ✓ NOTE: Children have been more commonly reported to have abdominal symptoms and skin changes or rashes.

Drop off, pick up, and active screening:

THE WAITING ROOM IS CLOSED.

- We are asking all parents/guardians to drop off your child and wait in your car to see them enter. As we are trying to reduce physical proximity, limiting the number of people in our waiting room will eliminate group gatherings as well as exposing many areas of the studio.
- **Drop off will be 10min prior** to workshop. All students will enter the building from the main entrance.
- Wearing of a mask will be **required** upon entry of our facility and in the common areas. Once inside the studio, students may remove the mask and place it on the designated personal mask area. Students are allowed to wear masks while dancing if they choose to.
- All students, staff, and parents entering the studio will have their temperature taken with a touchless infrared upon entry. Anyone with a temperature over 38 degrees C will not be allowed in. A record will be kept of each student's temperature. The screening tool recommended by Public Health will be strictly implemented. Please see **Appendix A**.
- No street shoes will be allowed past the entryway area. Only dance shoes or socks will be worn in the studio.
- Once your student is dropped off and has had their temperature taken, they will be asked to sanitize their hands. After that, they will take their place in designated areas inside the studio until everyone has arrived.
- There will be a designated **pick-up zone** outside our building. The dancers will be asked to line up after the class and each child will be ushered to proceed to the pick-up zone area to meet their parents/guardian. **Please be on time to pick up your child to avoid delays.**
- **Students will not be allowed to participate in the classes without completed forms and waivers. Please make sure you complete the forms and waivers upon registration.**

Physical distancing and sanitation

- Each class will be limited to 10 students in Studio A and 14 students in Studio B.
- Students will need to come already dressed for their class. Please note that the **dressing rooms will be closed**.
- **No close contact:** We will be adjusting many things in our studios to avoid contact. The studio floors will be marked to accommodate physical distancing. Each student will have his/her own spot and boxes to dance in.
- Students and staff are **not** permitted to congregate in groups. All students and staff must always maintain a minimum of two meters between themselves and others, with the exception of members of the same household or "bubble". Students will not be permitted to hold hands, high five, or touch each other in any way. We will also ensure that they are not in close proximity to each other. Please remind them to keep to themselves, as they all love to hug each other :)
- Signage and posters will be placed in the facility to remind everyone to keep their distance.
- **Sanitizer:** We have hand sanitizers in each studio, outside the bathrooms, and in the office. Students will be asked to use it frequently. If you'd prefer your own, students are permitted to bring it in their dance bag. Our sanitizer contains 70% alcohol.
- We are encouraging all students to cough and sneeze into their shirt or arms. If they use a tissue they will need to throw away the tissue and sanitize their hands. We will also be encouraging all students to avoid touching their eyes, nose and mouth with their hands.
- Floors will be mopped every after class/workshop session.

APPENDIX A

ATTENTION



If you answer '**YES**' to any of the following questions, **DO NOT ENTER** this building. Please return home and self-isolate.

- ☼ Do you have **TWO (2)** of the following symptoms that are not related to a known pre-existing health condition (i.e., seasonal allergies)? If **YES**, you should be tested for COVID-19.



Fever



Cough (or worsening cough)



Diarrhea



Loss of sense of smell and taste



In children, purple markings on the fingers and toes



Vomiting



Runny nose



Sore throat



Muscle pain



Headache



Fatigue/
exhaustion

- ☼ Have you been advised by Public Health, a health-care provider or a peace officer that you are currently required to self-isolate?
- ☼ Are you waiting for a COVID-19 test or COVID-19 test results **AND** have been told you need to self-isolate?
- ☼ Have you travelled outside of the Atlantic bubble in the past 14 days?
- ☼ Has an individual in your household returned from outside of the Atlantic bubble in the past 14 days for any reason, and now someone within the household has developed one or more symptoms of COVID-19 as listed above?

If you answered '**NO**' to the above questions,
YOU MAY ENTER the facility.

If you are experiencing any symptoms, you should get tested. You can register for a test online by clicking 'Get tested' on the GNB Coronavirus website, calling Tele-Care 811 or by contacting your primary health-care provider.